Instructions for Taking the ImPACT Test

*Must have current results (within 2 years) in Bishop Eustace system

The ImPACT test is a computer test which generates a baseline neurocognitive assessment. The results of your test are not used by Bishop Eustace in any way. However the CDC, Brain Injury Association of America, and NJSIAA recommend that for the health and safety of students, Baseline ImPACT tests should be taken, saved and made available to students and their personal physicians, if needed, to aid in the diagnosing, treating and returning to play of those who may have suffered a concussion. Here at Bishop Eustace a Baseline ImPACT test is required for all incoming students. Athletes will also need to repeat the test so their results are never more than two years old. If you have recently taken an ImPACT test, e.g. for an athletic team out of school, you may provide the ImPACT "Passport Code" as confirmation instead of retaking the test at Bishop Eustace.

1. Please choose a time and place free of noise and distractions to take the test.

Please remember:

- a. It is important that you take it without outside help or it will not help your physician if you are injured.
- b. Although there is no time limit, complete the test as fast and accurately as possible.
- c. The biographical data may take a few minutes to input, but the actual test takes less than 30 minutes.
- d. Some portions may seem difficult; just do your best and move on.
- e. Read directions twice before starting test.
- f. Do not close out before the end of the test or you will have to retake the test
- 2. Go to the following web address: https://www.impacttestonline.com/testing/

Note: Before you enter the customer's code you should know that the test will begin by asking you background questions called the "demographic" section. Then, there are 6 test sections called "modules". These include word memory, design memory, Xs and Ox, symbol match, color word match and three letters.

Please take your time to read each section's instructions very carefully. Each module is self-explanatory, but it is common to perform certain modules incorrectly, so again, please read each section's instructions thoroughly.

- 3. In the box at the bottom enter the Bishop Eustace Prep School code: **SG4W4MNVBJ**
- 4. A new window will open in which the test will be taken (if it doesn't open, make sure pop-up windows are not blocked in your browser settings). Click on your preferred language and begin test.
- 5. Answer the questions and follow the instructions as they appear.
- 6. After your test, you will be asked on screen if you'd like to **print out a confirmation**. Please do so and write on the form any history of head trauma or past concussions (include the date of the concussion, how it happened and how long it took you to recover). Return the confirmation sheet to the **Nurse's Office**.

For your convenience, the DATE only of the last ImPACT test on record for you will be printed on the "Cleared to Play List" (see information on the BE website). Should your test date be reaching the 2 year old limit, simply retake the test and submit a new confirmation sheet.